

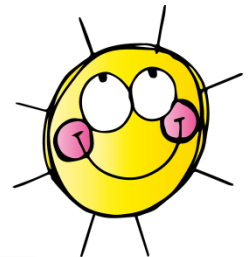
Mindset Quotes & Social Stories

PERSISTENCE
&
RESILIENCE

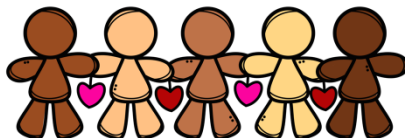


INCLUDES
POSTERS FOR
EACH MINDSET
FOCUS!

OPTIMISM



EMPATHY



FLEXIBILITY



HOW TO USE THIS PRODUCT:

We all know how important it is to teach our students about mindset. They need to be aware of their own thinking in order to be their best selves! BUT it can be tricky finding time to create and use specific mindset lessons!

This product helps because it teaches students that mindset isn't a separate concept from their other learning. Instead, it's naturally woven into every part of the day! By the end of the school year, your students will naturally reflect on their own thinking and choices!

WEEKLY RHYTHM:

- **Step #1:** Introduce the QUOTE of the week. As a class, reflect on what it might mean.
- **Step #2:** Introduce a SOCIAL STORY that is specific to that quote. Students will then reflect on how they would use their mindset stances, along with the quote of the week, to make the best choice if they were in that situation.
- I would recommend doing these on two different days of the week. I like to do it on Monday and Wednesday. We call it "Mindset Monday" and "What Would You Do? Wednesday".

SETTING THE STAGE:

Before beginning this routine, I like to introduce the Mindset Stances: empathy, optimism, resilience, persistence, and flexibility. I use these "Breakout Boxes" as a fun and interactive introduction:

EMPATHY

OPTIMISM

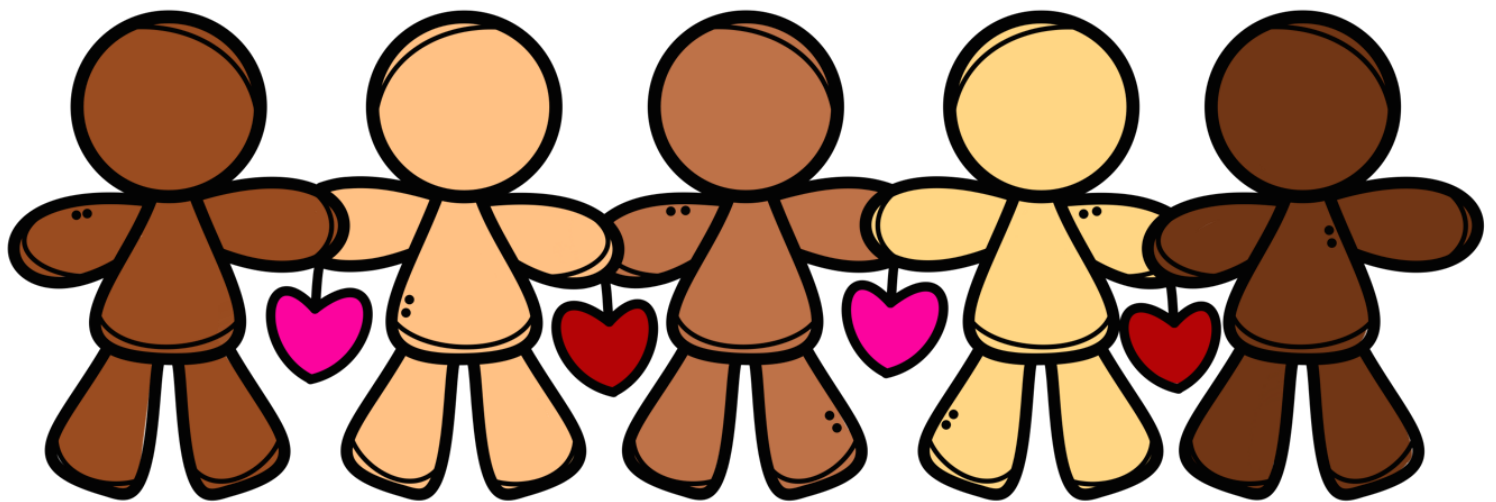
FLEXIBILITY

RESILIENCE/PERSISTENCE

Or

BREAKOUT BOX BUNDLE

“Be the reason
someone
smiles today.”

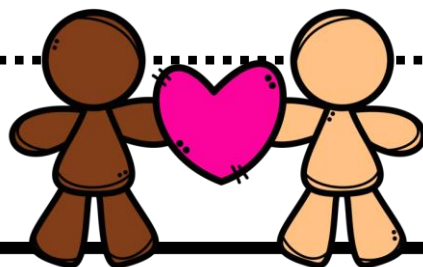


Mindset Monday

Quote:

"Be the reason someone smiles today."

What do you think
that means?



What would you do?

Scenario:

Yesterday, you noticed a kid in your class was sitting on a bench alone. It was already the end of recess so you got in line to go inside. Today, as you line up to go out to recess you see he's at the end of the line not talking to anyone.

What would you do?

**Did this help create a
better routine for
teaching mindset?!**

Find the FULL VERSION below:

[Mindset Quotes and
Social Stories](#)

Thank You!



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