

1st Club Meeting

The first item on your agenda as a club is deciding what random acts of kindness you would like to give! First, have the students brainstorm in small groups. Then, come back together as a class and share your thoughts. It's important to have some ideas already prepared in case they have difficulty being creative. It is such a new idea for many of them! On the other hand, enjoy hearing the creative ideas that they do come up with! My personal favorite from my class was to make "Get better soon" cards for the nurse to give students when they are sent home sick ... seriously?? Amazingly sweet!

Random Acts of Kindness Ideas

- I. "Get better soon!" notes for the nurse to hand out to students who go home sick.
- 2. Read to a class from a younger grade.
- 3. Write "thank you" notes for specials teachers.
- 4. Write "Happy (insert holiday) notes for firefighters who are working on the holiday.
- 5. Make art work or paper flowers to deliver to a Children's Hospital.

- I. Make bookmarks and hide them in random books all around the library
- Pass out stickers to random students in the building.
- 8. Leave a class set of positive notes at the lunch table for the next class to enjoy.
- 9. Smiley Day! Smile at as many people as you can just to hopefully brighten their day.
- 10. Write encouraging notes to classmates.
- II. Collect food for a food pantry.
- 12. Have a toy donation drive.
- 13. Write letters to residents in a nursing home.
- 14. Write thank you notes to family.
- 15. Collect change to donate to a foundation.
- 16. Collect used books to donate to a local library or a local school in need.
- 17. Choose one way that students will help out at home one weekend.
- 18. Have a "tea" for mothers on Mother's Day.
- ** Your class will be able to add SO many more! **

CREDITS





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